## PASTRIES

CROISSANT **V** 1.95 Served with butter and iam BLUEBERRY MUFFIN @ 2.75

PAIN AU CHOCOLAT ® 1.95 With a chocolate and hazelnut filling

# BREAKFAST

THE FULL BREAKFAST 7.95 British pork sausages, streaky bacon, free range eggs, roasted mushroom, tomato, baked beans and toasted sourdough

EGGS BENEDICT 6.95

Toasted English muffin topped with ham and poached free range eggs, served with omega seed sprinkle and lemon hollandaise Add avocado £2.00

SMASHED AVOCADO & FETA SOURDOUGH © 6.95

> Topped with chilli, spring onion and coriander

Cortasty SWEET BELGIAN WAFFLES **©** 5.95

> Maple syrup, strawberries, banana, blueberry compote and Greek-style yoghurt

Shelter

We're working with Shelter to help make a difference to UK families who are struggling with bad housing or homelessness. We donate 25p from every sale of all our breakfast dishes to Shelter

THE VEGGIE BREAKFAST © 7.50

Linda McCartney vegetarian sausages, free range eggs, roasted mushroom, tomato, baked beans, beetroot hash and toasted sourdough

EGGS ROYALE 6.95

Toasted English muffin topped with smoked salmon and poached free range eggs, served with omega seed sprinkle and lemon hollandaise Add avocado £2.00

**BACON SANDWICH 4.95** With sliced tomatoes and tomato sauce

> VEGAN BREAKFAST HASH **@** 5.95

Seasoned diced potatoes, spinach, mushrooms, red onion and tofu topped with Sriracha sauce, vegan mayonnaise and fresh herbs

CHORIZO EGG POT 4.95

Source of protein

Smashed avocado, free range poached eggs, topped with crumbled feta, chilli and chorizo Add sourdough £1.50

THE VEGAN BREAKFAST @ 7.50

Scrambled tofu with spinach, vegan sausages, tomato and chickpea stew, roasted mushroom, avocado and beetroot hash

EGGS FLORENTINE @ 6.95

Toasted English muffin topped with sautéed spinach, roasted mushrooms and poached free range eggs, served with omega seed sprinkle and lemon hollandaise Add avocado £2.00

SAUSAGE SANDWICH 4.95 With sliced tomatoes and tomato sauce

Swap to our veggie sausages @

SHAKSHUKA © 6.95

Free range eggs baked in a spicy chickpea, pepper & tomato stew with spinach Add chorizo £2.00

Our Fave

PROTEIN EGG POT @ 4.95

Source of protein

Smashed avocado, free range poached eggs, topped with crumbled feta, spicy chickpeas and chilli Add sourdough £1.50

EXTRAS

Sourdough @ £1.50, Avocado @ £2.00, Mushrooms @ £2.00, Streaky Bacon £1.50, Chorizo £2.00, Feta @ £2.00

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or you require our allergen information, please let us know before ordering.

𝔾 = made with vegetarian ingredients, 📭 made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. Please note that fish dishes may contain small bones. One of your 5-a-day. A portion of fruit or veg for our meals is based on a minimum 80g serving size and 80g edible pulp and/or I50ml pure fruit juice for drinks. Source of protein - At least I2% of the calories come from protein.









































































# All ready for the day

### FEEL GOOD DRINKS

SUPER C SMOOTHIE # 3.75 Passionfruit, pineapple, mango

AVO-GO-GO SMOOTHIE **2** 3.75 Spinach, avocado, ginger, lime

BERRY BLAST SMOOTHIE # 3.75 Strawberry, raspberry, blackberry

RASPBERRY, APPLE & ROSE COOLER @ 2.95 30 calories

EOUINOX ORIGINAL KOMBUCHA 0.05% VOL @ 4.25 A traditional fermented drink made from green tea and yeast

# FRAPPÉS

Available to take away

BEETROOT FRAPPÉ © 3.10 TURMERIC FRAPPÉ © 3.10

VANILLA FRAPPÉ Ø 3.60

HAZELNUT FRAPPÉ Ø 3.60 Add an espresso shot 50p

CARAMEL FRAPPÉ Ø 3.60

# COFFFF



Available to take away

Our 100% Arabica, Rainforest Alliance Certified coffee beans are ethically sourced from fincas (farms) in the highlands of Brazil or Colombia to ensure the best quality in taste and flavour.

ESPRESSO 2.10/2.35

CAPPUCCINO 2.50

LATTE 2.50

AMERICANO 2.40

FLAT WHITE 2.50

BEETROOT LATTE 2.50

MACCHIATO 2.50

MOCHA 2.50

TURMERIC LATTE 2.50

HOT CHOCOLATE 2.50

Add an espresso shot 50p Add flavoured syrup 50p (Choose from: hazelnut, caramel or vanilla) Swap to oat milk 25p

### TEA

Available to take away

TEAS 2.10

Breakfast / Earl Grey / Rooibos / Camomile / Peppermint / Green

### COCKTAILS

After all, a brunch without a cocktail is just a sad, late breakfast. Licensing hours apply.

BLOODY MARY APEROL SPRITZ BELLINI

Our charity partner is Shelter Trading Limited which donates its taxable profits to Shelter the National Campaign for Homeless People (Registered Charity Number 263710 in England & Wales, SC002327 in Scotland)